



March, 2019

Health Talk:

BE SAFE AT HOME

An Support Advisor from "Living Made Easy" will show how you can stay healthy, safe and independent in your own home.

Come and learn from an expert how you can build knowledge and confidence to prevent falls, stay active into mature years and alert to all things that will keep you

Date: Monday 4th March, 2019: 10.30 – 11.30

Where: Currumbin RSL – REG. ESSENTIAL

Reg: 55347 999 or reception@currumbinrsl.com.au

Make Your Phone Your Friend *Free*

Don't fear your phone! Learn how it can make life easier. Make friends with your device & it can change your life! Android or iPhone users welcome. NB: 2nd monthly workshop is for apps – **YOU MUST HAVE A GOOGLE OR APPLE ACCOUNT TO PARTICIPATE.**

Date: Tuesdays 5 & 19 March, 2019 10.30 – 11.30

Where: Bingo Room, Currumbin RSL

Register: 55347 999 or reception@currumbinrsl.com.au

Excursion:

GC MODEL RAILWAY EXHIBITION TOUR

Ever wanted to see a HUGE fully functioning model railway with around 250sqm of village, tracks and set up? Would you love to play with the trains and run them? Join us for morning tea, a tour and history of the association and some lunch with the passionate model trainspotters. How much fun can you have with model trains!! A LOT.

Date: Mon 11th March – 9.30am from the club

Cost: \$20 (incl. t'port, tour, morning tea & lunch

Reg: 55347 999 / reception@currumbinrsl.com.au

SPECIAL EVENT: Manilow & Sedaka

Twin Towns hosts Barry Manilow & Neil Sedaka tribute show by one of New York's finest showmen.

Mark Bowden performs hits such as Copacabana, I Write the Songs, Mandy, Calendar Girl, Happy Birthday Sweet 16, Breaking Up is Hard to Do.

Hop on the bus and ride south of the border for a show that is sure to wow.

Date: Tuesday 12 March – leave the club at 930am

Cost: \$8pp (incl. transport & show)

Reg: 55347999 or reception@currumbinrsl.com.au

Movie Magic:

BOHEMIAN RHAPSODY

Free

This foot-stomping celebration of Queen, their music & extraordinary lead singer Freddie Mercury has taken the world by storm.

The film traces the bands humble beginnings, meteoric rise & Freddie's demise. Set to an unbelievably good soundtrack & incredible performances – this is one original biopic not to be missed

Come & see what everyone is raving about.

Date: Wed 20th March – 10.30am start

Where: The Cove, Currumbin RSL

Register: 55347 999 / reception@currumbinrsl.com.au



Lunch with Friends:

WOODCHOPPERS INN

We head to Mudgeeraba's beaut Woodchoppers Inn for a 2 course lunch. Situated in little Mudgeeraba Village, The Woodchoppers has a GC history and is a lovely historic building.

Enjoy a set menu 2 courses (choice of 3 mains inc. Fish n Chips, Pot Pie of the Day, Lemon Myrtle Calamari n Chips). Drinks at own cost.

Date: Tues 26th March, 2019 leave club at noon

Cost: \$17 (incl. transport & 2 courses) REG ESS

Register: 55347999 reception@currumbinrsl.com.au



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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1	2
3	4 GOLF Health Talk	5 Long table Make Your Phone Your Friend	6	7 Seniors Who Sketch	8	9
10	11 GOLF EXCURSION: GC MODEL TRAINS	12 MANILOW & SEDAKA Long table	13	14 Seniors Who Sketch	15	16
17	18 GOLF	19 Make Your Phone Your Friend Long table	20 MOVIE MAGIC "Bohemian Rhapsody"	21 Seniors Who Sketch	22	23
24	25 GOLF	26 LUNCH WITH FRIENDS Long table	27	28	29	30
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REGULAR EVENTS MORE INFO:

CRSL Golf Club: Social but significant – Monday mornings with Deon & Kume: Contact Kerry on 55340 932

PSP Creations Group: Are you a whiz on computer and want to learn design skills? This group is for you. Contact Toni on: 0491 044 005.

Long Table: Join a night out with fun and friendly folk for dinner. There's always someone to dine with!!

Seniors Who Sketch: Thursday mornings – all levels: contact Christine on 0419 342 305